



COVENANT CHURCH

Colossians 1:16

“We are people helping people get closer to Christ; Creating disciples who serve God in every aspect of their lives.”

# 2025 CONSECRATION PLAN

## Overview

<i>Purpose</i>	This year, we are seeking God's guidance on how we can each be used by Him, both individually and corporately. Pastor Peyton's prayer is that we would all fully engage in fulfilling God's purpose in our lives.
<i>Focus: Lord Use Me More</i>	<p>INDIVIDUAL FOCUS/REFLECTION – How can I yield fully to God's calling and allow Him to refine and use my gifts to impact lives through love, service, and faith?</p> <p>CORPORATE FOCUS/REFLECTION – How can we, as a church, come together to serve our communities and expand God's kingdom through prayer, discipleship, and outreach?</p>
<i>Consecration Dates</i>	<p>Start Date: Jan 5, 2025</p> <p>End Date: Feb 1, 2025</p>

# Fasting

<i>Important Notice:</i>	Please consult with your healthcare provider to manage how you should fast if you have medical issues or are on medication.
<i>Fasting Option 1:</i>  <i>Time based</i>	<ul style="list-style-type: none"><li>● Daily fasting hours: <b>12 hours</b>, each individual choosing their 12-hour timeframe.</li><li>● During fasting hours, adjust your diet to include water, plain tea, 100% fruit juice.</li><li>● After fasting hours, you can include light, plant-based meals (vegetables, fruits, grains, etc.) and lean meat.</li><li>● Avoid processed foods, caffeine, and sugar during entire fast.</li></ul>
<i>Fasting Option 2:</i>  <i>Daniel Fast/Anti-Inflammatory</i>	<p>For those who prefer a modified fasting plan, we encourage following a Daniel Fast combined with anti-inflammatory principles. During this fast:</p> <ul style="list-style-type: none"><li>● Eat primarily whole, plant-based foods such as fruits, vegetables, legumes, whole grains, nuts, and seeds.</li><li>● Avoid:<ul style="list-style-type: none"><li>○ Added sugars, artificial sweeteners, and processed foods.</li><li>○ Meat, dairy, and animal products (if you eat meat stick with lean meats)</li><li>○ Caffeine, alcohol, and sodas.</li><li>○ Fried foods and refined carbs (e.g., white bread, pastries).</li></ul></li><li>● Drink plenty of water throughout the day.</li><li>● Prepare meals with minimal seasoning and avoid heavy sauces or condiments.</li></ul>
<i>Media Detox</i>	We encourage everyone to reduce or eliminate the use of social media, secular TV and music during this time. This detox allows your mind, body, and spirit to reset and focus on hearing God clearly throughout the consecration period.

# Prayer

<i>Prayer</i>	<p><b>Morning Prayer Call:</b> Every Monday, Wednesday, and Friday from 6:00 AM - 6:30 AM, from January 6th to 29th.</p> <p><b>Wednesday Night Prayer Call:</b> Starting January 15th at 7:00 PM.</p> <p><b>Corporate Prayer:</b> We will gather in person for corporate prayer on January 31st at 7:00 PM.</p> <p>Dial-in number: (301) 887-5047 (No PIN required).</p>
<i>Week 1: Dedication to God's Purpose &amp; Strength for Service</i>	<p><b>Prayer Point:</b> "Lord, I surrender my life to You. Equip me with strength and wisdom to serve You and others faithfully."</p> <p><b>Scriptures:</b></p> <ul style="list-style-type: none"><li>● <b>Romans 12:1 (NLT)</b> - "And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him."</li><li>● <b>Isaiah 40:31 (NLT)</b> - "But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint."</li></ul>
<i>Week 2: Availability to God &amp; Walking in God's Power</i>	<p><b>Prayer Point:</b> "Lord, here I am. Empower me to walk in Your Spirit, boldness, and authority to fulfill Your calling."</p> <p><b>Scriptures:</b></p> <ul style="list-style-type: none"><li>● <b>Isaiah 6:8 (NLT)</b> - "Then I heard the Lord asking, 'Whom should I send as a messenger to this people? Who will go for us?' I said, 'Here I am. Send me.'"</li><li>● <b>Acts 1:8 (NLT)</b> - "But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth."</li></ul>

<p><i>Week 3: Bearing Fruit for God's Kingdom</i></p>	<p><b>Prayer Point:</b> "Lord, let my life bear fruit that glorifies You and impacts others for Your kingdom."</p> <p><b>Scriptures:</b></p> <ul style="list-style-type: none"> <li>● <b>John 15:16 (NLT)</b> – "You didn't choose me. I chose you. I appointed you to go and produce lasting fruit, so that the Father will give you whatever you ask for, using my name."</li> <li>● <b>Galatians 5:22-23 (NLT)</b> – "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things."</li> </ul>
<p><i>Week 4: Fully Yielded to God's Will</i></p>	<p><b>Prayer Point:</b> "Lord, I dedicate my life fully to You. Empower me to serve and live out Your purpose in all things."</p> <p><b>Scriptures:</b></p> <ul style="list-style-type: none"> <li>● <b>Jeremiah 29:11 (NLT)</b> – "For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope."</li> <li>● <b>Philippians 4:13 (NLT)</b> – "For I can do everything through Christ, who gives me strength."</li> </ul>

## Bible Reading

<p><i>52 Weeks in the Word</i></p>	<p>This year, we will engage in the "52 Weeks in the Word" reading plan by Trillia Newbell. Paper and digital copies of the reading plan will be available, along with an invite to the plan on the YouVersion App for further corporate engagement.</p>
------------------------------------	--